



Figure 1. Emotions are reflected in heart rhythm patterns.

Sinai Terrain



Theology of Thanksgiving

God is in charge

God is gracious and gives me what I do not merit

God has my ultimate good in view as He administers providential circumstances in my life

Theology of Complaining

God is in charge

God claims to be loving and gracious

But He treats me like He doesn't care or. . .

He treats me like He delights in my misery

14ab Lest. . .your heart is lifted up and you forget the Lord your God

**14c-16 Who brought you out of the land of Egypt. .
.Who led you through the great and terrible
wilderness. . .Who brought water for you. . .Who fed
you. . .with manna which your fathers did not know. . .
that He might humble you to test you to do you good
in the end**

**17 You say in your heart 'my power and the might of my
hand have gained me this wealth.'**